

8th - 12th July at The Assembly Rooms of Glastonbury

Glastonbury Tibet Week

5 DAYS OF TIBETAN CULTURE

Featuring the construction of a sand mandala by the

MONKS OF TASHI LHUNPO MONASTERY

Free admission to sand mandala, Tibetan market, café & bookstall



TICKETS FROM
THE SPEAKING TREE
5 HIGH ST GLASTONBURY
01458 831600

WORKSHOPS (€10 - Wednesday to Friday 2pm)

Sand mandala construction, prayer flag making, butter sculpture, Tibetan language and script, dkar wheel making

PERFORMANCE WORKSHOP (€10 - Saturday 2pm)

Dance, debate, music and Buddhist mudras

EVENING EVENTS

Wednesday 7.30pm - Film "The Cry of the Snow Lion" - €5

Thursday 7pm - Talk by Alexander Norman & Film "Kundun" - €8
author of "The Lives of the Dalai Lama"

Friday 7.30pm - **Monastery Supper** - €20

Hear about life in a Tibetan monastery and eat a meal prepared by and served by the monks

Saturday 7.30pm - "The Power of Compassion" - €10

Sacred chant and masked dance by monks from Tashi Lhunpo Monastery

FULL TICKET TO ALL EVENTS €50



**ALL PROCEEDS TO
TASHI LHUNPO
MONASTERY**

www.glastonburytibetweek.co.uk